

CORONAVIRUS (COVID-19)

FREQUENTLY ASKED QUESTIONS (FAQs)

Where can I find the most current COVID-19 information about Seal Beach?

The City's website at www.sealbeachca.gov contains the most current local, county, state and federal information related the COVID-19 pandemic. The website also includes information and resources for Seal Beach businesses and seniors.

How can I safely help my child stay active?

Children are encouraged to engage in both indoor and outdoor activities to maintain mental and physical health while practicing social distancing with at least 6ft apart from other people outside their household. Some of the recommended outdoor activities are riding a bike or taking a walk. Doing Stretch breaks and dance breaks throughout the day inside can also help children stay focused and healthy.

More information regarding child care and how COVID-19 may affect children, please visit the Centers for Disease and Control Prevention (CDC) website by following this link: [Caring for Children- CDC Recommendations](#)

How long can the virus last on surfaces?

Research is still on-going to learn more about COVID-19, current evidence suggests that it may remain viable for hours to days on surfaces made from a variety of materials. Although, it may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, this is not thought to be the main way the virus spreads. Transmission of coronavirus occurs much more commonly through respiratory droplets than through objects or materials, cleaning of visibly dirty surfaces followed by disinfection is a best practice measure for prevention of COVID-19 and other viral respiratory illnesses in households and community settings.

More information on how and what surfaces to disinfect can be found on the Centers for Disease and Control Prevention (CDC) website by following this link: [Cleaning and Disinfection for Households](#)

Is COVID-19 airborne?

According to the Center for Disease and Control Prevention (CDC), COVID-19 is a new disease and we are still learning how it spreads, the severity of illness it causes, and to what extent it may spread in the United States. The virus is thought to spread mainly from person-to-person, between people who are in close contact with one another (within about

6 feet) and through respiratory droplets produced when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

To learn more about how COVID-19 spreads and the current situation in the United States please visit the Centers for Disease and Control Prevention (CDC) website by following this link: [Current Situation in the U.S](#)

How contagious is COVID-19?

How easily a virus spreads from person-to-person can vary. Some viruses are highly contagious and can spread easily, like measles, while other viruses do not spread as easily. Another factor is whether the spread is sustained, spreading continually without stopping.

The virus that causes COVID-19 seems to be spreading easily and sustainably by community spread in some affected geographic areas.

Community spread is defined as people have been infected with the virus in an area, including someone who is not certain how or where they become infected.

Can I go surfing?

The beach is closed at this time.

When will the beach and/or Pier reopen?

Unknown at this time.